

Career Transition Assistance (CTA)

Career Transition Assistance (CTA) is a program for mature-age job seekers aged 45 years and over, providing practical assistance to increase employability and competitiveness in the local job market. At North Metropolitan TAFE our mission is to nurture participation, productivity and aspirations for our learners, our industry and our community.

CTA runs for eight weeks, Tuesday, Wednesday, Thursday from 1-4pm and is offered at Northbridge, Balga, Midland and Joondalup campus.

Course starting date depending on referrals (min 5 participants).

What does CTA offer?

CTA will provide practical support to:

- Explore goals and motivations
- Identify existing skills and how they are transferable
- Better understand the job opportunities and job market
- Identify and improve skill sets to apply for suitable jobs (online applications, tailored resume, cover letter, job interviews...)
- Build skills and confidence to use every-day technologies such as computers
- Improve confidence, self-esteem and self-marketing

Through visiting employer workplaces and the possibility of work experience in a suitable field, participants gain confidence and learn about the changing world of work.

CTA Good News Story



Stuart has been out of the workforce for over a year and suffers from depression and anxiety. He has most recently worked in construction but was looking to change careers as he did not feel

physically fit enough to continue this work. He admitted to feeling demotivated and quite anxious about his circumstances when he started CTA.

Because of his background in sales and construction, and through career research during the course, he identified an Australian household hardware chain as a potential employer. With the help of the facilitator, he was able to target his resume to a customer service position, by recognising and highlighting his transferrable skills. His pathways advisor organised a 2- week work experience placement, which Stuart stated has been a fantastic opportunity.

Through his two weeks work experience placement, Stuart has been able to get back into the routine of daily work attendance, work as part of a team and build back his confidence. His supervisor stated that he was a hard worker who interacted well with customers and had a wealth of knowledge to share.

CTA Information Sessions

If you would like us to deliver an information session to your clients discussing the benefits of the CTA program and helping inspire those who are unsure about their options, please contact the CTA pathway advisor Anna Davey via email anna.davey@nmtafe.wa.edu.au

For more information please contact the CTA office on 9207 4840
cta@nmtafe.wa.edu.au